



COLLEGE & CAREER WEEK



Oct 26-30th

WESTLAKE ELEMENTARY



WHAT YOU CAN DO NOW:

Maintain Bedtime

Helps develop memory, learning, and logical reasoning abilities

School-aged children need 10-11 hours of sleep.

Eat Well

A balanced diet helps children grow develop, concentrate and learn.

Keep ready-to-eat fruits and veggies!

Read Often - Talk & Listen

Children benefit from hearing the rhythm of sentences & pronunciation

Ask open-ended questions & engage them in conversation.

[CLICK HERE FOR MORE TIPS](#)

ACTIVITIES YOU CAN DO:

GET THE CONVERSATION STARTED:

Have your child ask trusted adults about their college and career experiences by using these Bingo Cards!

HUMAN BINGO CARD

Someone you thought would go to college	Went to an state public university	Had a job while in college	Lived in a dorm	Played a varsity sport while in college
Completed an internship	Graduated in 4 years	Was the first in their family to go to college	Went to a private college	Took out loans to help pay for college
Spent a Friday night they were in college	Changed their major at least one time	FREE SPACE	Received a scholarship to help pay for college	Went to a party during college
Belonged to a fraternity or sorority	Was a member of the student government association	Studied overseas while in college	Transferred from one college to another	Went more than 500 miles away from home
Worked at home during college	Went to a community college	Was in college for more than 4 years	Belonged to a student group	Did scientific research

Career Bingo

Dentist	Detective	House Keeper	Sales person	Architect
Forest Ranger	Chemist	Coach	Football Player	Pilot
Photographer	Lifeguard	Veterinarian	Construction Worker	Nurse
Teacher	Dancer	Mechanic	Chef/cook	Firefighter
Accountant	Reporter	Astronaut	Waiter	Teacher